

2023 | At A Glance

JANUARY 1, 2023 - DECEMBER 31, 2023



We are so grateful for your support. You help to bring our mission to life.

We want to send a HUGE thank you to BIPOC Mental Health Clinicians and Wellness Providers for their commitment to bringing healing to our communities.

THANK YOU!

January

In January, we offered test prep group sessions, including reduced-priced materials and a peer-led study group.

EPPP Test Prep

FREE EVENT
50% OFF EPPP Test Prep Materials

Pick 1 or pick all 3.

ASWB Test Prep

FREE EVENT
50% OFF ASWB Test Prep Materials

Pick 1 or pick all 3.

NCE Test Prep

FREE EVENT
50% OFF NCE Test Prep Materials

Pick 1 or pick all 3.

REMINDER: Test Prep Groups THIS WEEKEND

Last Call To Register On Eventbrite!

February

In February, we hosted online community conversations on mental health, in honor of Black History month. We also officially announced the development of our new membership platform and our coming name change.

Black Lives Are Beautiful: HEALING FROM RACIAL TRAUMA AND DEVELOPING A POSITIVE RACIAL IDENTITY

FEBRUARY 2, 2023 | 7PM

HOSTED BY: Dr. Charmeka Newton, PhD, LPC

Strong & Black: UNLEARNING TOXIC MESSAGES

FEBRUARY 9, 2023 | 7PM

HOSTED BY: Carlos Brown, LMSW-C, CCTP

Black Lives Are Beautiful: HEALING FROM RACIAL TRAUMA AND DEVELOPING A POSITIVE RACIAL IDENTITY

FEBRUARY 23, 2023 | 7PM

HOSTED BY: DR. CHARMEKA NEWTON, PH.D. & DR. JANEE STEELE, PH.D., LPC

Stress Management

FEBRUARY 16, 2023 | 7PM

HOSTED BY: Dr. Carrie T. Dennie, ND, MSAC

Suicide Prevention: WE NEED YOU ON THE FRONTLINE TOO!

FEBRUARY 23, 2023 | 7PM

HOSTED BY: Shayne McNichols, LMSW

Strong & Black: YOU GOOD BRO? YOU GOOD SIST?

FEBRUARY 16, 2023 | 7PM

HOSTED BY: CARLOS BROWN, LMSW-C, CCTP & LAUREN COOPER, MA, LPC

Stress Management:

FEBRUARY 23, 2023 | 7PM

HOSTED BY: DR. CARRIE T. DENNIE, ND, MSAC

Suicide Prevention:

FEBRUARY 23, 2023 | 7PM

HOSTED BY: SHAYNE MCNICHOOLS, LMSW

March

In March, we honored Social Work Awareness month and developed opportunities to expand our committee. We also received the Justice Advocate Partner Award from A Glimpse of Africa.

MARCH IS SOCIAL WORK MONTH

INTERESTED IN SERVING ON A MHCOCGR COMMITTEE?

Our Event and Volunteer Coordination Committee, led by Directors, Tashana Hunt and Wesley Morgan is looking to expand, and we need you!

Join us on 3/27 via Google Meet to learn more! VISIT OUR WEBSITE LINK TO REGISTER.

April

In April, we led an open conversion for clinicians, called "Let's Chat," and hosted a meet and greet event for Latine and Spanish Speaking clinicians.

Let's Chat

TOPICS THAT ALL MENTAL HEALTH PROFESSIONALS EXPERIENCE

APRIL 10
7 pm - 9 pm

Follow the link to sign up.

A MENTAL HEALTH CLINICIANS OF COLOR EVENT

CLINICIAN CONNECT
LATINA & SPANISH-SPEAKING CLINICIAN MEET & GREET

Follow the link to sign up.

May

In May, a few clinicians volunteered to read to GRPS students. We hosted our Clinician Mix and Mingle event at GR Noir and had a photoshoot for our billboard.

Interested in Sharing Your Professional Experience With Local Students?

May 19, 2023
30 MINUTE SLOTS AT 6:00AM & 9:30AM

Join us on: May 25th

AFTER WORK Mix & Mingle

GR Noir | 6p - 9p
35 Division Ave S, #950

Live music, appetizer and networking fun!

June

In June, our billboard, created in partnership with GRAAHI, officially went up and we began advertising our BIPOC Mental Health Fair in July. We also highlighted a few clinicians in our directory.

BIPOC Community Mental Health Fair

Grand Rapids Center for Community Transformation
1530 MADISON AVE SE | 49507
JULY 15TH | 9AM - 1PM

THERAPIST SPOTLIGHT

Cheyanna S. Green-Molett
LICENSED MENTAL HEALTH PROVIDER

Carlos Brown
LICENSED CLINICAL SOCIAL WORKER

Raeana Donaldson
LICENSED CLINICAL SOCIAL WORKER

July

In July, we hosted our first, annual BIPOC Community Mental Health Fair.

BIPOC COMMUNITY MENTAL HEALTH FAIR

FERIA COMUNITARIA DE LA SALUD MENTAL
1530 MADISON AVE SE | 49507

FREE to the community! | GRATIS para la comunidad!

Presenting Speakers: Managing Breaks Without Break Down, Making Mentor & Relationships Work in a Non-Clinical Role, Language Difference or Disorder?, Sleep Hygiene and Childhood Trauma, Activate Your Authenticity, Fundamentals of Competent Family Intervention

August

Throughout August, we worked on building and developing our new brand and membership platform.

Building a safe-space for you.

MHCOCGR MEMBERSHIP PROGRAM

FELIZ MES DE LA HERENSA HISPANA

HAPPY HISPANIC HERITAGE MONTH

Loanna Abreu
LICENSED MENTAL HEALTH PROVIDER

Hilde Martinez-Gutierrez
LPC
LICENSED MENTAL HEALTH PROVIDER

Alex Brito
MA, LPC, TLP, CAADC
LICENSED MENTAL HEALTH PROVIDER

September

In September, we highlighted several members of our directory in honor of Hispanic Heritage Month.

CELEBRATING HISPANIC HERITAGE MONTH

THERAPIST SPOTLIGHT

Loanna Abreu
LICENSED MENTAL HEALTH PROVIDER

Josie Guillen
LMSW
LICENSED MENTAL HEALTH PROVIDER

Hilde Martinez-Gutierrez
LPC
LICENSED MENTAL HEALTH PROVIDER

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LICENSED MENTAL HEALTH PROVIDER

October

Throughout October, we continued to work on building our new brand and membership platform and launched our end of year giving campaign. We were also featured in an article by W.K. Kellogg Foundation.

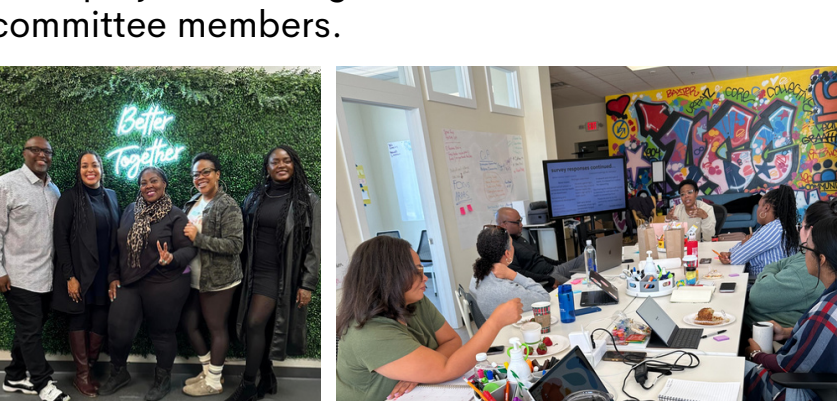
Supporting the Success & Growth of BIPOC CLINICIANS

Attention Businesses: Join our Business Contributor Ecosystem!

For you as a business professional, making a positive impact in the lives of BIPOC clinicians helping them save while promoting and increasing your business.

November

In November, we hosted our Annual Mixer and 2024 project meeting with our board and committee members.



December

In December, we received a donation from Delta Sigma Theta (Thank you!), and introduced our business ecosystem.



From Our Executive Director | Rebecca Spann, ED.S, LPC



In 2023, we accomplished a lot. We worked hard, learned new skills, and took some bold steps. We built strong relationships, expanded our support system, and achieved solid results on our Facebook group, which we've since moved to a formal membership. We expanded our board, committees, and contractors, and our foundation is stronger than ever. We had to make some tough decisions along the way, but saying "no" to specific opportunities was crucial to be best aligned to say "yes" to the right ones. We are deeply grateful to the BIPOC (Black, African, Arab Asian, Indigenous, Latine, and other communities of Color) mental health and wellness providers who make this work possible, as well as to our BIPOC communities, board, team, and funders who understand the urgent need for our work and the importance of proactive healing. Our communities thrive when we prioritize healing, and we are confident we will continue making a positive impact.

Rebecca Spann

Special thanks to the organizations who have supported or currently supporting this work, as well as individual donors.

